



An adventure, a challenge among friends

General Regulation

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Chapter I - Introduction

Art. 1 - Organisation - the **6 Hours Cascais Rollers** is a competition organized by **Mclerige** in association with the **Skating Federation of Portugal** with headquarters at Av. Gago Coutinho 114, 1950-037 Lisboa.

Art. 2 - Type of event - 6 hours endurance competition by relay, that are part of the event **Corida Jumbo**, open to all participants, **SOLO** and teams of 2 to 5, in a relay system.

Art. 3 - Objective - to make the longer distance in 6 hours, skating in relay (except category **SOLO**) or simply, became **Finisher** of this challenge.

Art. 4 - Location - at the prestigious F1 CIRCUIT OF ESTORIL racetrack, with a length of 4.182 meters.

Art. 5 - Date and timetable - September 9th 2018 (Sunday), part of the event **Corrida Jumbo**.

Timetable to be defined in due course

Art. 6 - Officials - to be announced in a Bulletin, due course.

Task	Name
Clerk of the Course	tba
Jury	tba
Course Judges	tba
	tba
	tba
	tba
	tba
Technical Delegates	tba
	tba
Others	tba
	tba
	tba

Chapter II - Types of Participation

Art. 1 - Commitment - all registration accepted implies acceptance and total commitment to this Regulation and the value of it, can not be reimbursed, for whatever reason.

Art. 2 - Access to competition - the competition is open to any participant, lincensed or not, from any nationality, as long as respecting the conditions of registration (Chapter IV).

Art. 3 - Authorized equipment - in-line skates with a maximum of 5 wheels, provided that the following is observed:

- length can not exceed 50 cm (wheels included);
- the diameter of the wheels, is free up to a maximum of 125 mm;
- the fixing pins can not protrude from the wheels or turntables;
- the skids must be firmly secured to the shoes;

- **Traditional Skate** - with 4 wheels in parallel;

- Skate as long as respecting the following:

- maximum of 4 wheels;
- length must not exceed 160 cm;
- the diameter of the wheels must not exceed 210 mm;

Art. 4 - Unauthorized material - nordic skating (with poles) and ski wheels.

Art. 5 - Age of participants - participation is open to all those, who were born until 2005.

Art. 6 - Specifications

Adult - at least 18 years of age.

Minor - between 13 and 17 years of age, to which will be assigned a dorsal with the letter **M** to be used throughout the competition.

Team Captain - you must submit an authorization from your minor's / child's guardian, of your team at the time of the dorsal collect.

Art. 7 - Team Composition - each team must be composed, at least, by an Adult, who will be the Team Captain.

Art. 8 - Level of Participants - each participant must minimally know how to skate, brake and drive correctly and safely. The **Course Judges** reserve the right, to withdraw any participant, who is practicing skating considered dangerous for him and for others.

Art. 9 - Non Federated Participants - participate in the competition at their own initiative and under full and exclusive responsibility. The organization declines all liability, in the event, of an accident, health problem, equipment or technical failure.

Art. 10 - Persons with disabilities - the event is open to persons with disabilities, who must take, the necessary measures to participate safely, for themselves and for others. In case of violation of the rules, the **Course Judges**, are competent to take the necessary decisions.

Art. 11 - Timekeeping

11.1 - Each team will be provided chips, according to the number of elements, that compose it.

11.2 - The chip must be positioned in place, to be defined by the organization, when it is delivered.

11.3 - A single chip from the same team is allowed to be on track.

11.4 - The loss or damage on each chip, will be penalized at 100 €, leaving the organization to deliver a new chip as soon as possible, and the lap will not be counted.

Article 12 - Track behavior

12.1 - Participants are forbidden to obtain help, from anyone, with the deliberate aim of maintaining or increasing speed.

12.2 - Physical contact with the hand, between participants, is possible, but can not have the intention, of pulling or being pulled.

12.3 - Any participant that is detected, in a situation of fraud by the **Course Judge**, will receive a **first warning**. At the **second warning**, he will be penalized with 1 lap and at the **third warning**, the team will be disqualified and forced to leave the competition;

12.4 - It is forbidden to circulate in the opposite direction, of the race;

12.5 - It is forbidden to stop or leave the track (except in case of fall or injury) with the exception of the **Relay Zone**.

Art. 13 - Relay - Passing of Testimony

13.1 - Transmissions are made exclusively on the **RelayZone**, and using a rubber stick (as in athletics) provided by the organization.

13.2 - Each team is free to choose, the time to do it (except Art.16.8).

13.3 - Each participant must have the rubber stick (testimony) whenever he is on the track.

13.4 - Transmissions without the testimony will not be validated.

13.5 - To the **SOLO** participant this rule does not apply.

13.6 - For better safety and fluidity of the relay, the straight line is divided into two ways:

a) one track (1/3 of the runway width) for those that are not in the moment of transmission;

b) a second track (2/3 of the runway) called the **Relay Zone**, for those who are in the moment of transmission;

Art. 14 - Relay Zone - Reserved for Participants - it is reserved exclusively for the participants who will start their moment of transmission and who are properly equipped with helmets and skates or skateboard.

Coaches have to stay behind the pit wall, if not, their credential will taken off and a 1 lap penalty, will be imposed to his Team. General public also can not go, beyond the pit wall.

Art. 15 - Judge - Stewards and Delegates - the **Official Jury** is composed of a **Chief Referee**, whose decision is final. It is assisted by **Course Judges**, appointed by the **Portuguese Skating Federation**. In case of doubt, in the application of this General Regulation, only the **Course Judges**, will make the final decision.

Art. 16 - Qualifying, Grid Formation and Start

16.1 - It will be done Sunday morning in a timekeeping distance of 200 or 300 meters on the main straight.

16.2 - The timekeeping records the best time achieved by a member of the team designated for that purpose, which will determine the starting position for the race.

16.3 - Absence in the qualifying will result, departing from the end of the starting grid. If there is more than one team, in these conditions, the order will be determined, by the increasing number of the dorsal.

16.4 - The race start will be at 10:30 (may be changed subject to a Bulletin) and only one competitor, per team, can be presented on the grid, properly equipped and with his rubber stick (testimony).

16.5 - The start will be given in the **24 Hours Le Mans Auto** spine style, with athletes positioned on the opposite side of the pit wall, barefoot, in socks and with skates / skateboard on the other side (near the wall).

16.6 - Participants will be positioned in the grid, according to the order of classification, obtained in the qualifying.

16.7 - When lowering the flag the participants run to their skates and can only start the competition, after having their shoes properly shoed and tied.

16.8 - The participant who starts the race, must make at least, 2 laps, before the first transmission.

16.9 - **SOLO** participants if they wish, can start the competition, with foot skates, but they will have to do so, at the end of the grid and behind a marked line, after the last barefooted participant.

16.10 - Solo participants who decide to make the normal start (barefoot) will occupy the place, in the grid, according to the time and classification obtained, in the qualifying.

Art. 17 - Withdraw - Technical or physical problem of a competitor on the track - in case of a stoppage of a participant in the circuit, which means that it's impossible to resume the race, the **Course Judges** shall retain the chip and the testimony and within a maximum of 15 minutes, return it to the team and inform the timing and organization, of the abandonment of the participant. Only after this information has been given and the testimony and chip returned to the team, another member of the team, will be able to rejoin the race but only from the **Relay Zone**. If the participant starts, before the authorization, the team will suffer a 1 lap penalty.

Art. 18 - Equipment and Helmet

18.1 - All participants must wear the same upper garment (tee-shirt provided by the organization) throughout the race.

18.2 - When on track the use of helmet, is mandatory. Any competitor found on the track, without a helmet, is excluded from the race and the team will be penalized in 1 lap.

Art. 19 - Dorsal - The dorsal has to be used on the back and placed legibly with, at least, 4 pins. The **Course Judges** reserve the right, to temporarily interrupt, at any time, after a warning to the team, for a participant whose dorsal, is incorrectly positioned or is not readable. It is forbidden to make replicas of the dorsal, which means the exclusion of the team.

Art. 20 - Coach SOLO - a dorsal **TREINADOR** (coach) will be supplied, for those who run SOLO, to be used by an assistant. It must always be visible, specially in the **Relay Zone**, since it is allowed to be there, during transmission.

Art. 21 - Water supply during the race

21.1 - Refueling **on the fly** is not allowed on the track, due to safety and waste, caused by plastic bottles.

21.2 - There will be a properly signalized area for water supply, before and after the transmissions, which will be informed, in due time.

21.3 - However, participants may bring with them, a bottle of their own in the belt holder, provided they never, thrown them out on the track.

21.4 - We note that the water supply, does not replace, the hydration required and expected, by each participant, for a 6 hour endurance race.

Art. 22 - Modification / Cancellation

22.1 - In case of force majeure, natural disaster, climatic conditions, health problems or any other circumstance, in particular, those that jeopardize the safety of participants, the organization reserves the right, to change the established schedule (departure, arrival, cancellation, etc.) without the participants, sponsors and service providers, being able to request any refund.

22.2 - If the organization understands, that the number of teams entered, does not justify the initial duration of the race, (6 hours) may reduce it or even, cancel it.

Art. 23 - Race Neutralization

23.1 - The organization in agreement with the **Jury**, can neutralize the race in case of force majeure, being the decision announced through **Official Speaker** and later by bulletin.

23.2 - Participants will be sent to their boxes / spaces and the last lap will be counted.

23.3 - At the time of resuming the race, the participants who were on the track at the time of the neutralization will be called to occupy their positions, according to the instructions of the officials.

23.4 - If the team decides to change their participant, after neutralization, they should ask the **Jury**, who will decide whether or not to authorize.

23.5 - Depending on the duration of the interruption, the **Jury** will decide whether or not, if the time is discounted of the duration of the race.

23.6 - A new start will be given from the **Zone of Transmission** and according to the instructions of the organization, with a notice of 5 minutes.

23.7 - At the signal of the Race Director, the starting flag will be agitated and the race will start again.

Art. 24 - Arrival and Classification

24.1 - The race ends when the chequered flag is agitated, by the Race Director.

24.2 - The **Team / SOLO** winner of the competition is the one that has traveled the longest distance, and done more laps to the circuit of 4,182 meters.

24.3 - The timekeeping stops counting laps, after the chequered flag waving, and the last lap started before that, is counted.

24.4 - After the end of the race, all those who cross the finish line, should slow down and go immediately to the zone indicated by the stewards.

24.5 - If two or more teams are on the same lap, at the end of the race, the winner goes to the first one to cross the finish line.

24.6 - If a neutralization less than 30 minutes, from the end has occurred, the **Judges**, in consultation with the organization, may propose the completion of the race later, integrating the time of this interruption, in the race so as to make the total time of 6 hours.

Art. 25 - Prize Giving

25.1 - The first 3 classified in each category (**SOLO, DUO, TEAM**) regardless of whether they are male, female or mixed, will be called to the podium.

25.2 - The 1st place in the categories **QUAD, SKATE, YOUTH**, regardless of whether they are male, female or mixed, will be called to the podium.

25.3 - The best female team, the youngest team (the lowest sum of ages of its components) and the oldest team (the highest sum of ages of its components) will be called to the podium.

25.4 - No prize will be awarded, in case of a non-appearance on the podium.

Chapter III - Categories and Fees

Art. 1 - Entry Fee

Includes access to the event and the prestigious Circuit of Estoril:

- 1 bracelet per participant;
- 1 bracelet for coach in **SOLO** category;
- Participation in the **6 Hours Cascais Rollers** competition;
- 1 t-shirt of the race
- Paddock access and animations;
- Access to the premium kit of departure;
- Access to the premium finish line kit;
- Access to the water refueling zone;
- Medical supervision: doctors, rescuers, physiotherapists, etc;
- Access to the boxes and bathrooms;
- Access to the electronic timing chip system, one per team member;
- Dorsal number with reference to your team;
- Follow-up of the test through a signal box (does not include TV);
- Race Insurance;

Art. 2 - Categories

- **SOLO** (male or female)
- **DUO** (two people)
- **TEAM** (3 to 5 people)
- **QUADS** (3 to 5 people)
- **SKATE LONGBOARD** (3 to 5 people)
- **YOUNG** (3 to 5 people being one of them must be adult)
- Disabled practitioners can integrate any team

All teams can be mixed and composed of federated athletes or not.

Art. 3 - Specificities of the Category

3.1 - The categories **SOLO** and **DUO** are open only to adults;

3.2 - In **QUADS** teams all members can only skate with Quads (traditional skates).

3.3 - In **SKATE LONGBOARD** teams all their members can only skate with skateboards.

Chapter IV - Subscriptions

Art. 1 - Terms of Registration

1.1 - The registrations are made EXCLUSIVELY on-line at the event website www.corridajumbo.pt.

1.2 - They close on September 1st (Saturday).

Art. 2 - Entry Fees - are presented in the regulation, available on the event website www.corridajumbo.pt.

The fee is 20 € per participant, regardless the category in which they sign up.

Art. 3 - Dorsal collect - only one person from each team, can go to the registry with the identification (photocopies) of all the members of his/her team, in order to collect the respective dorsals.

Art. 4 - Documents to present at the dorsal collect - the team representative should bring::

- Confirmation of registration received in the email box after payment;
- Identity document (identity card, citizen's card, driving license) of all members of your team;
- Photocopy of the License of the FPP 2017-2018, valid in case of being federated or of a foreign federation affiliated to the **International Skating Federation**.
- Declaration of **Minors**, in case of joining the team;

Art. 5 - The Team Package / Starting Kit - after compliance with what is established in the Art, the team representative will receive the starting kit containing:

- 1 electronic chip for each team member / 1 electronic chip in the **SOLO** category;
- 1 dorsal for each team member / 1 dorsal in the category **SOLO**;
- 1 testimonial (except for solo category);
- 1 participant bracelet for each team member / 1 participant bracelet in the **SOLO** category;

Art. 6 - Minors - for *Minors* of the team a supplementary rider, of different color, with the letter **M**, must be used, so the **Course Judges**, can distinguish them, as well as the other participants, when on track.

Art. 7 - Race Insurance - after registration they assume that they are physically and psychologically prepared, for the effort inherent in the race in which they will participate. All participants without exception, must meet the conditions of health, necessary to practice sports, exempting the organization of the event, its sponsors, supporters and public bodies involved, from any responsibilities.

The organization of the event will ensure the enrolled a personal accident insurance, as provided in D.L. 10/2009 (Sports Insurance) with a death or disability capital of 27.087.00 €, treatment costs up to 4.335.00 € and funeral expenses, up to 2.167,00 €.

Over 14 years old

The organization of the event shall provide the insured with personal accident insurance, as provided in letter nº CR / 7/2013 (AAL Sports Insurance - Season 2013/2014) with a capital of death or disability of 27.087.00 €, treatment costs up to 4.335 € and funeral expenses up to 2.167,00 €.

The organization is not responsible for situations, that are not covered by this insurance.

Minors under 14 years old

The organization of the event shall provide the insured with personal accident insurance, as provided in letter nº CR / 7/2013 (AAL Sports Insurance - Season 2013/2014) with a death or disability capital of only 10% of 27.087.00 €, treatment costs up to 4.335,00 € and funeral expenses up to 2.167,00 €.

The organization is not responsible for situations, that are not covered by this insurance.

Art. 8 - Acceptance - by registering, all participants accept this regulation and, in case of doubt, or a situation not covered by it, shall inform the organization.

Upon registration, all participants agree to accept this regulation.

For the clarification of any doubt, or for any matter not provided in this regulation, the participants should contact the organization through geral@mclerige.com.

Statement of Responsibility

With the registration, all the participants declared to assume the following term of responsibility:

- a) i have read and agree to the regulation of the **6 Hours Cascais Rollers**, available at www.corridajumbo.pt;
- b) i am aware of my state of health and declare myself, to be physically and psychologically qualified to participate;
- c) i undertake to abstain from participating in the **6 Hours Cascais Rollers**, in case my change after enrollment;
- d) i am aware of the content of the insurance policy, in force and have read the specifications of the insurance policy, in the race;
- e) by participating in the **6 Hours Cascais Rollers**, I authorize, freely and unconditionally, that **Mclerige, Fundação Pão de Açúcar - Auchan** and the race partners, use my image. Through this instrument, I ceded all the rights of use of my image, as captured in photographs and filming that will take place, during the performance of the evidence, waiving the receipt of any amount that may be earned with its disclosure in communicational pieces of support;
- f) participate in the **6 Hours Cascais Rollers** of its own free will, exempting **Mclerige, Fundação Pão de Açúcar - Auchan**, partners, directors, employees and other companies, linked to the organization of the event, of any kind of responsibility, resulting from my participation in the **6 Hours Cascais Rollers**, before, during and after the same (eg. loss of personal belongings for theft or other circumstances);

Teams

The responsible person when registering team members, assumes that they all accept this regulation and, in case of doubt or the emergence of a situation, not contemplated therein, shall inform the organization.

They further declare that they assume the following term of responsibility and in the terms of which they express that:

- a) we read and agree to the regulation of the **6 Hours Cascais Rollers**, available on the website www.corridajumbo.pt;
- b) we are aware of our state of health and of being physically and psychologically qualified to participate;
- c) we are committed to refrain from participating in the **6 Hours Cascais Rollers** if our changes after enrollment;
- d) we are aware of the content of the insurance policy in force and read the specifications of the insurance policy, included in this general regulation;
- e) by participating in the **6 Hours Cascais Rollers**, we freely and unconditionally authorize **Mclerige, Fundação Pão de Açúcar - Auchan** and the race partners to use our image. By this instrument, we ceded the rights of use our image, as captured in photographs and filming that will take place during the performance of the event, waiving the receipt of any amount that may be earned with its disclosure in communicational pieces of support;
- f) we participate in the **6 Hours Cascais Rollers** of its own free will, exempting **Mclerige, Fundação Pão de Açúcar - Auchan**, partners, directors, employees and other companies involved in the organization of the any liability resulting from our participation in the **6 Hours Cascais Rollers** before, during and after the same (eg. loss of personal belongings for theft or other circumstances);

Minors

Upon enrollment of the minor, parents, legal guardians and/or guardians, accepts this Regulation and, in case of doubt or the occurrence of a situation not covered by it, shall inform the organization.

The legal person responsible for the minor declares that he/she also accepts the following term of responsibility, according to which expresses that:

- a) i read and agree to the regulation of the **6 Hours Cascais Rollers**, available on the website www.corridajumbo.pt;
- b) i am aware of the state of health, of the minor in my charge and his physical and psychological capacity to participate;

- c) i undertake the commitment not to allow, the minor's participation in the **6 Hours Cascais Rollers**, in case his/her health conditions, change after enrollment;
- d) i am aware of the content of the insurance policy, in force and read the specifications of the insurance policy included in this general regulation;
- e) by participating in the **6 Hours Cascais Rollers**, I authorize, gratuitously and unconditionally, that **Mclerige, Fundação Pão de Açúcar - Auchan** and the race partners, use the image of the minor in my charge. Through this instrument, all rights of use the image of the minor in my charge, as captured in photographs and filming that will take place during the race, waiving the receipt of any amount that may be obtained with its dissemination in communicational pieces of support;
- f) the minor participates in the **6 Hours Cascais Rollers** of his/her own free will, exempting **Mclerige, the Fundação Pão de Açúcar - Auchan**, partners, directors, employees and other companies linked to the organization of the event, of any liability resulting from the minor's participation in the **6 Hour Cascais Rollers** before, during and after it (eg. loss of personal belongings for theft or other circumstances);

Data Processing

The personal data will be processed automatically, under the terms approved by the General Regulation of Protection European Union, for the organization of the event, the entity responsible for the data, exclusively to the provision of the services necessary for participation in the event in which it is registered

The processing of data for communication, about the event, in which it is registered is optional and subject to consent specified, in the event registration form, always in accordance with Directive **95/46 / EC of 27 of April 2016**.

Access to your data is guaranteed to participants, under the same law and can be request, in writing, to the organization, to update, correct or delete it.

The personal data collected in connection with this event, will be stored for a period of two years and are accessible for free consultation, rectification or elimination through geral@hmssports.pt.

Assignment of image rights

The participant, upon registration, authorizes, free of charge and unconditionally, to transfer to **Mclerige, the Fundação Pão de Açúcar - Auchan** and its associates, the rights of use of its image, as captured in the filming, which will take place during the event, authorizing their reproduction, in communicational pieces of support.

Capítulo V - Schedule *

September 7th - Friday

10:00 a.m. to 24:00 p.m. - delivery of Participation Kits at Alegro Alfragide Shopping Center, floor 0 - Experience Box (Praça Central).

September 8th - Saturday

10:00 a.m. to 4:00 p.m. - delivery of Participation Kits at the Circuit of Estoril.

16:00 - Skating - Speed Test with about 30 min (track of the Circuit of Estoril). Those who are registered in the **6 Hours Cascais Rollers**, can participate in this race for recognition of the track, and must use one of the dorsal that will be delivered in the Participation Kit, being enabled to the existing prizes for the federated athletes (two laps on the track) in the speed test.

September 9th - Sunday

08:30 - Qualifying - the best time registered by the team member, appointed for this purpose, will determine the team's position in the starting grid for the Sunday race.

09:00 - Concentration of the teams in place to indicate.

09:15 - Parade of the teams.

10:15 - Positioning on the starting grid.

10:25 - Hymn of Portugal and delivery of the national flag.

10:30 - Departure for **6 Hours Cascais Rollers** - at the time of departure only one member of the team, can take the place on the starting grid, properly equipped and with the rubber stick.

16:15 - Last change - 15 minutes from the end of the race, the relay zone is closed.

16:30 - Final of the race.

17:00 - Prize Giving.

*** [This program / schedule is not definitive and can be changed.](#)**

Capítulo VI - Available Infrastructures

Art. 1 - Boxes and Spaces

1.1 - Several and properly identified, boxes will be available to the teams to be installed.

1.2 - The boxes will be made available empty and marked in spaces of 3 mts x 3 mts, so that each team, can install with their material (tables, chairs, beds, etc.)

1.3 - It is prohibited to smoke in the boxes, under pain of suffering a penalty in the amount of 25 €, that will revert to the **Pão de Açúcar - Auchan Foundation**.

1.4 - The team captain is responsible for the good maintenance, of his space and should deliver it, as he has found it.

Art. 2 - Coaches - they do not have access to the runway or the transmission area, except in the **SOLO** case.

They can follow the race behind the pit wall and have access, to the rooftop terrace, as well as the Paddock and all the animation.

Art. 3 - Assignment of Spaces to Teams - the organization distributes the teams through the boxes, in alphabetical order in case they have names, if not, in numerical order.

Art. 4 - SOLOS and DUOS Assignment of Spaces - the organization reserves the right to assign spaces to **SOLOS** and **DUOS**, depending on the number of teams, but grouped in the boxes, closer to the access to the **Relay Zone**.

Art. 5 - Respect for the Environment - the Circuit of Estoril is a mythical place with great traditions and that, when shared by many people, must be respected and remain constantly clean. Practitioners must therefore, behave according to the best rules of social coexistence, respecting their and other spaces, leaving it, in the end, clean as they found it. These usage customs are much appreciated by the organization and owners of the circuit.

Art. 6 - Journalists and Photographers - it is prohibited to follow a participant on the track with a bicycle, scooter or other mode of transportation. Amateur and film photographers must apply to the organization, for a **Pass Media** that will give them, access to the various points of the circuit, through the service roads, without ever having access, to the track.

There will be a **Special Pass** granted by the organization, for access to the track in electric motorcycle.

Capítulo VII - Medical Services

Art. 1 - General Services - the organization of the event will provide the participants, of the **6 Hours Cascais Rollers**, medical support with emergency ambulances, during the course, departure and arrival of the race.

If there is a need for continuity of emergency medical care, this will be done at the national health service, under the responsibility of the same.

The medical team shall have the authority, to withdraw from the **6 Hours Cascais Rollers**, any athlete who is unable to participate, or who has received vital medical care, during the race.

Capítulo VIII - Contacts

The organization has platforms to support the participants doubts.

Organizing Entity: *Mclerige Lda* and the *Portuguese Skating Federation*

URL: www.corridajumbo.pt

Email: geral@mclerige.com

Mobile phone: **917 276 483** available from Monday to Friday from 09:00 to 20:00